



# Child & Adolescent Psychiatric Service



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The Child and Adolescent Psychiatric Team comprises of child psychiatrists, clinical psychologists, psychiatric nurses, occupational therapists, dietitians, physiotherapists, medical social workers, Red Cross teachers, speech therapists and pediatricians. We provide for multi-facet mental health and medical assessment and treatment services according to the needs of patients on outpatient, day hospital and inpatient basis.

### ***Service Scope***

The service is for children and adolescent age 18 or below (except eating disorder). Common diagnoses are autism spectrum disorders, attention deficit / hyperactivity disorder, dyslexia, behavioral problems, emotional problems, psychosis, obsessive-compulsive disorders, Tourette's syndrome, eating disorders, etc.

### **Outpatient and Day Hospital Service**

#### ***1. Outpatient Services***

There are two outpatient clinics: Yaumatei Child and Adolescent Psychiatry Centre and Kwai Chung Child and Adolescent Psychiatry Centre. We provide services for the patients in Kowloon west and Kowloon central clusters.

While waiting for the new case appointment, our nurse specialists will conduct triage assessment and provide emotional support, counseling and relevant information on the community resources. Some children will also receive early management and assessment program by the occupational therapists.

After intake assessment, the multidisciplinary team will provide individualized patient care in response to the needs of children / young people such as consultation, behavioral therapy, counseling and drug treatment.

#### ***2. Day Hospital***

Child & Adolescent Psychiatric Team in the Day Hospital will provide individual or group training for the child/young people and their caregivers. The training content may include emotional management, developmental training, social skill training, behavioral training, family therapy, parent training, etc. Toy library service will also be available to support the caregivers.

#### ***3. Inpatient services***

It is a mixed-sex ward for the Child and Adolescent Psychiatric patients. The professional team meets regularly to assess and discuss the most effective personalized rehabilitation program for the inpatients so that they can resume their daily life routine as soon as possible.

#### ***4. Consultation Liaison Service***

Our child psychiatrists give consultation services for general hospitals to strengthen community support. The team also meets regularly with the Education Department to discuss individual students' mental health problems.

#### ***5. Patient and Carer Support***

「攜青匯」及「連青站」 provide a discussion platform for positive mental health knowledge sharing, support and improvement of the medical services between caregivers, patients and the child and adolescent team.